

SCORE 4 - TREE BLANKET

[Take smartphone or photo camera with you]

Materiality of the ground

As you walk bring your attention to the materials that the trees have dropped onto the ground.

- Let your eyes notice / touch branches, pieces of bark, leaves, needles, cones, nuts,...

Abundant materials create a layered blanket for the trees.

- They protect roots, store air, warmth and humidity for the zone around the tree
- Notice how each tree has its particular blanket of materials.

As you walk let your feet listen to the different blankets they touch, taking in their soft, spongy, hard, irregular or brittle quality.

- How does this permeate into your own materiality?
- How does this inspire movement?

[As your walk take into consideration the fact that you are moving through a living eco-system]

On the blanket

Allow your hands to touch and be touched by different blankets.

- Let temperature, texture, qualities speak to your own materiality and imagination.

Follow the invitation of the blankets to sit or lie on them.

- Become part of the blanket yourself with your own vital and porous materiality. Take time to rest – to move.

Creating a blanket

Walk and find a tree or be found by a tree.

- Notice its particular presence and the space around it.

Take some time to create your personal blanket for that tree.

- What kind of materials does it call for?

Gather materials from different places rather than exhausting one area.

[Don't take moss or mushrooms as they are particularly important for the circle of forest-life]

Let intuition and imagination guide you in your choices and the way you design the blanket.

Souvenirs

Once the blanket is finished take 2 photos:

- 1 photo of tree and blanket
- 1 photo of you or a part of you with the blanket

Find a way to say good bye to the tree.